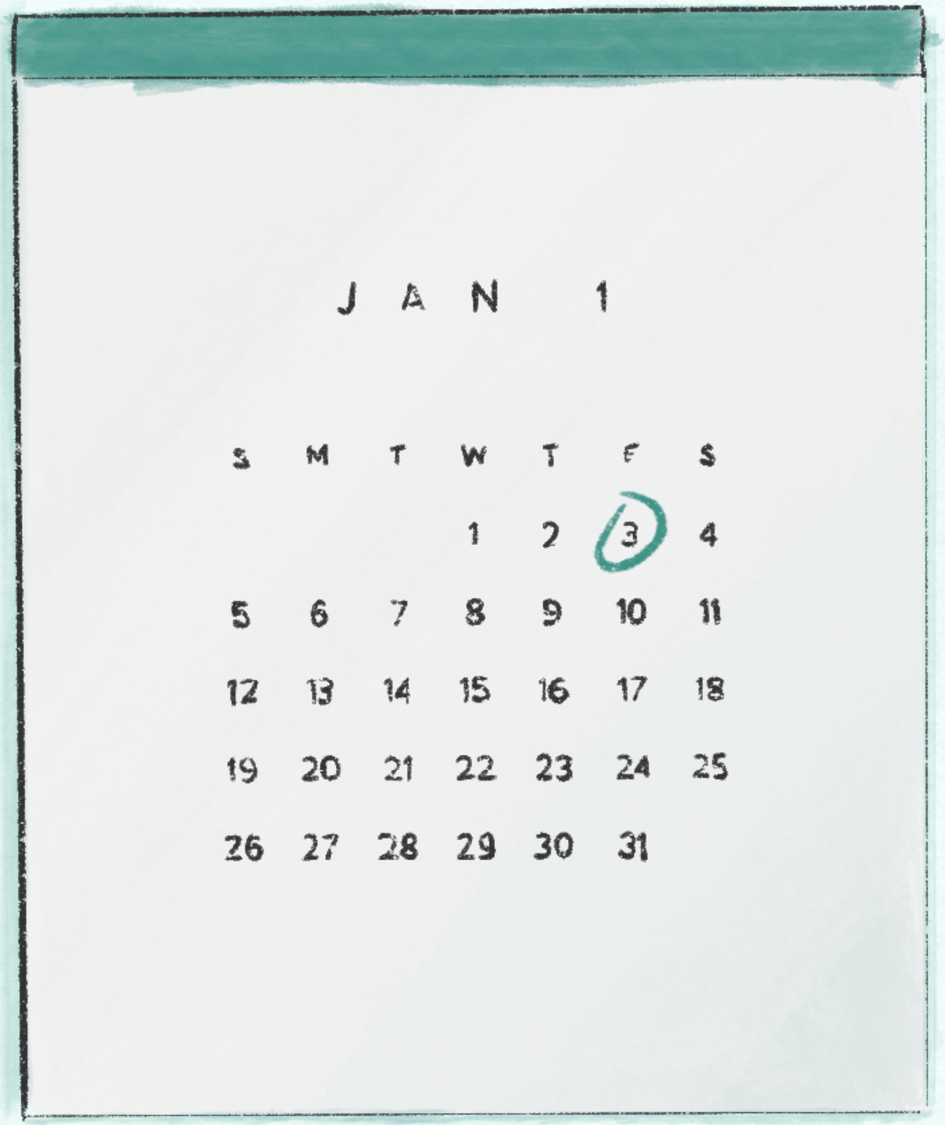
REDEEMING PRODUCTIVITY

Redeem Your Week



Every Problem Is a Time Management Problem



REDEEM YOUR WEEK

Objectives

- ✓ Consider our weeks in light of eternity
- ✓ Create a simple weekly schedule with time for habits, goals, and the to-do list
- ✓ Design a cadence for reviewing and planning each week

“So teach us to number our days that we may get a heart of wisdom.”

PSALM 90:12



REDEEM YOUR WEEK

The Problem

✓ Most Christians feel like their weeks just *happen* to them.

THE URGENT	THE TRIVIAL
Squeezes out the important	Crowds out the deep

REDEEM YOUR WEEK

Two Ways to Waste Time

1. SQUANDER IT

Laziness, procrastination, digital distraction.

2. POOR ALLOCATION

Doing genuinely good things at the wrong time.

REDEEM YOUR WEEK

All Time Is Not Created Equal

- ✓ "For everything there is a season, and a time for every matter under heaven.” – Ecclesiastes 3:1

CREATIVE MODE	FOCUS MODE	LOW ENERGY
Ideas are flowing: Writing, design, creating.	Extreme concentration. Deep work. Solving hard problems	Not at our best. Focus hard to come by. Ideas aren’t flowing.

REDEEM YOUR WEEK

The Four Types of Time

GRIT

Your To-Dos

Strategy:
Subtraction

−

GROW

Your Habits

Strategy:
Addition

+

GOAL

Your Projects

Strategy:
Multiplication

×

GIFT

Your Free Time

Strategy:
Division

÷

REDEEM YOUR WEEK

The Process

1. Map Energy Levels
2. Define the Hard Landscape
3. Subtract Grit Time
4. Add Grow Time
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Weekly Schedule

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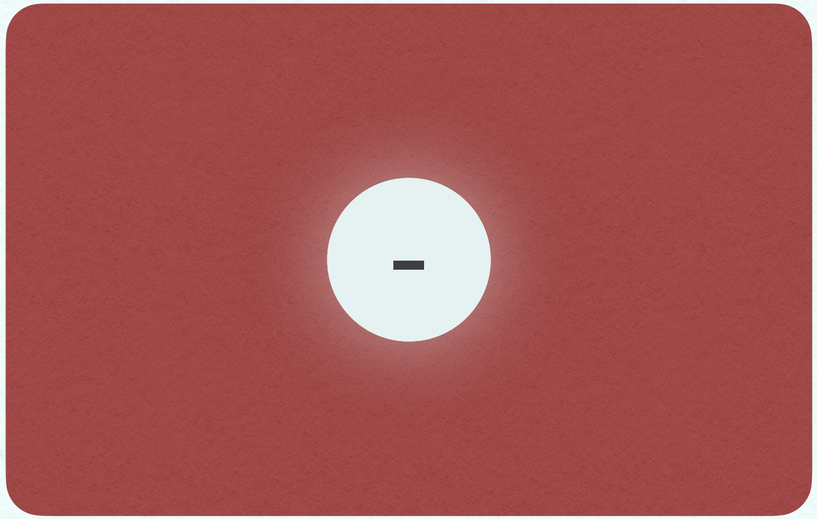
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Grit Time

WHAT IS IT?

- ✓ The urgent, but unimportant
- ✓ Email, admin tasks, chores, busy work
- ✓ Tasks that feel urgent but disconnected from your calling



STRATEGY

- ✓ Subtraction

“Whatever you do, work heartily, as for the Lord and not for men,” – Colossians 3:23

REDEEM YOUR WEEK

Example Grit Time Activites

Work / Ministry

- ✓ Responding to emails and DMs
- ✓ Invoicing, bookkeeping, expense tracking
- ✓ Scheduling and calendar management
- ✓ Filing, organizing, data entry
- ✓ Preparing routine reports

Household

- ✓ Laundry, dishes, cleaning
- ✓ Grocery shopping and errands
- ✓ Paying bills
- ✓ Home maintenance tasks
- ✓ Meal prep for the week

REDEEM YOUR WEEK

Example Grit Time Activites

Communication

- ✓ Returning phone calls
- ✓ Scheduling appointments
- ✓ Following up on routine requests

Digital

- ✓ Processing your inbox to zero
- ✓ Clearing notifications
- ✓ Routine social media maintenance

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REDEEM YOUR WEEK

My 1-Hour Work Grit Block

- ✓ Check & Respond to Email
- ✓ Check Notion, Respond if Necessary
- ✓ Check Academy Community
- ✓ Respond to YouTube Comments

REDEEM YOUR WEEK

The Process

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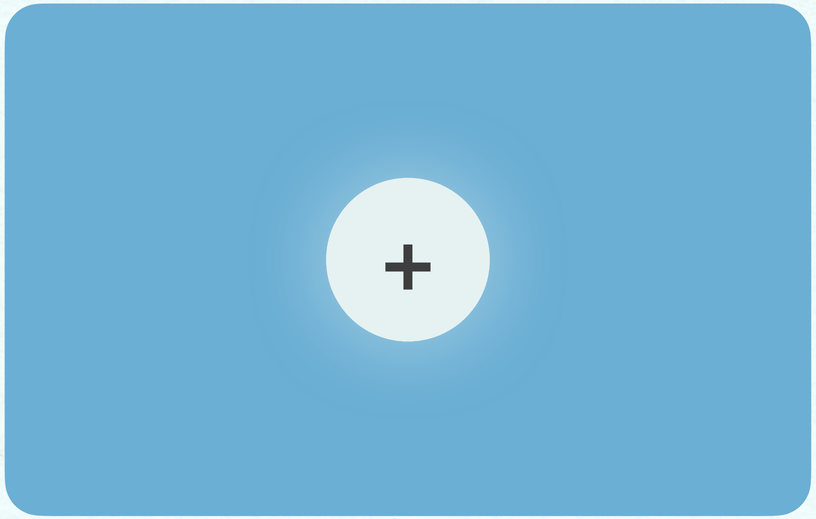
Grow Time

WHAT IS IT?

- ✓ Spiritual disciplines
- ✓ Physical rhythms: exercise, rest, nutrition.
- ✓ Routines that make you who God is calling you to be.

STRATEGY

- ✓ Addition



“train yourself for godliness; for while bodily training is of some value, godliness is of value in every way” – 1 Timothy 4:7-8

REDEEM YOUR WEEK

POWER Habits

1. Prayer
2. Organize
3. Word
4. Exercise
5. Reading

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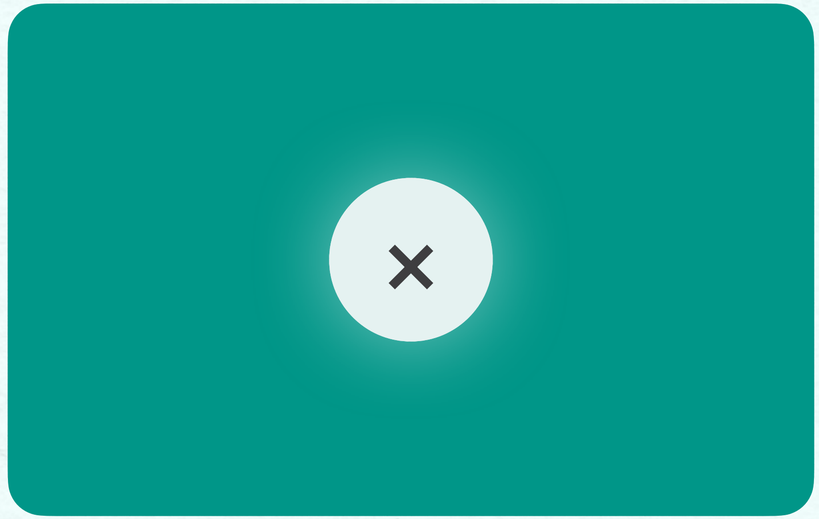
Goal Time

WHAT IS IT?

- ✓ The important work that keeps getting kicked down the road.
- ✓ Deep, focused time on God-honoring goals.
- ✓ The work that will become your life's fruit.

STRATEGY

- ✓ Multiplication



“The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.” – Proverbs 21:5

REDEEM YOUR WEEK

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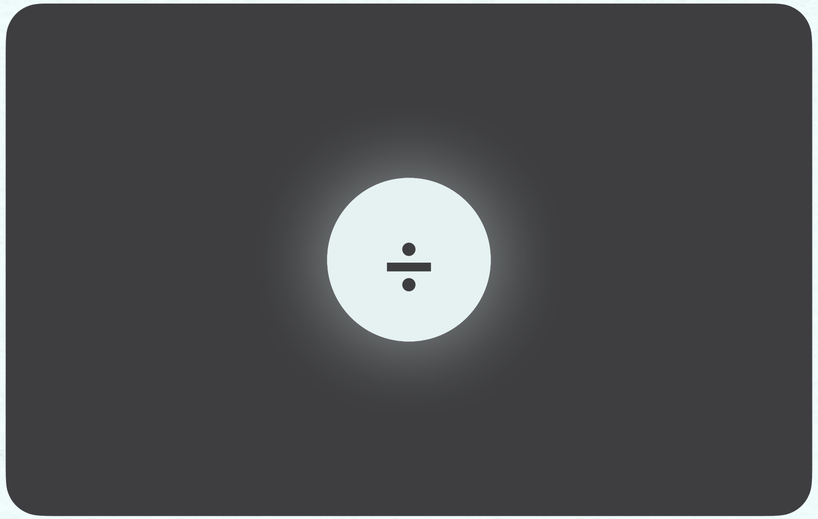
Gift Time

WHAT IS IT?

- ✓ The "leftovers" when work is done — your free time.
- ✓ The most overlooked category in all of time management.
- ✓ Still belongs to God. Still requires stewardship.

STRATEGY

- ✓ Division



“remember the words of the Lord Jesus, how he himself said, ‘It is more blessed to give than to receive.’” – Acts 20:35

REDEEM YOUR WEEK

The Process

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REDEEM YOUR WEEK

Plan Your Week

- ✓ Determine what you will drop into each of the major blocks
- ✓ **Grow Time** and **Grit Time** can often be on autopilot if you create a morning routine and a Grit List
- ✓ **Goal Time** – Should be determined by priority in advance. Have written goals or theme days
- ✓ **Gift Time** – choose a block to intentionally give away through hospitality, serving, discipleship, or intentional family time. Plan it in advance—nurture your relationships

REDEEMING PRODUCTIVITY ACADEMY

God-glorifying Community

You weren't meant to do this alone. Get accountability and encouragement from hundreds of other productivity-minded believers.

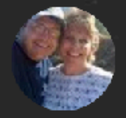


" There is just no better place online where eternally-minded believers can connect with one another and receive practical support, encouragement, and training than the Redeeming Productivity Academy. "

★★★★★

Bodie Quirk

Found of youcanlearnthebible.com

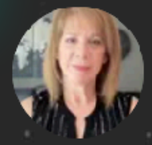


" this encouraging community of like minded believers is awesome! Thank You Reagan and Everyone! "

★★★★★

Donnie Hlbgewachs

Pastor, The Well Church



" Every time I am able to join in on any of the live calls, I come away with something new. "

★★★★★

Jules Levy

Media Specialist - Jesus Film Project

REDEEMINGPRODUCTIVITY.COM/ACADEMY

Course Schedule

The course is composed of weekly lessons, routines, and projects to complete each of the waypoints.

WEEK 01

LESSON 1

Biblical Foundations of Christian Productivity

Routine: 2 days/week
Bible reading

WEEK 02

LESSON 2

Identify Your Calling

Routine: 2 days/week
Bible reading & Prayer

WEEK 03

WAYPOINTS 1 & 2

LESSON 3

Planning for "Well Done"

Routine: 3 days/week
Bible reading & Prayer

WEEK 04

WAYPOINT 3

LESSON 4

Goal Setting & the Glory of God

Routine: 3 days/week
Bible reading, Prayer, & Organize

WEEK 05

LESSON 5

Overcoming Overcommitment

Routine: 3 days/week
Bible reading, Prayer, & Organize

WEEK 06

WAYPOINT 4

LESSON 6

To-Do Lists Done Right

Routine: 4 days/week
Bible reading, Prayer, & Organize

WEEK 07

LESSON 7

Rhythms of Faithfulness

Routine: 4 days/week
Bible reading, Prayer, Organize, & Exercise

WEEK 08

WAYPOINT 5

LESSON 8

Optimize Your Week

Routine: 5 days/week
Bible reading, Prayer, Organize, Exercise, & Reading

WEEK 09

WAYPOINT 6

LESSON 9

POWER Habits

Routine: 5 days/week
Bible reading, Prayer, Organize, Exercise, & Reading

WEEK 10+

ONGOING

Accountability

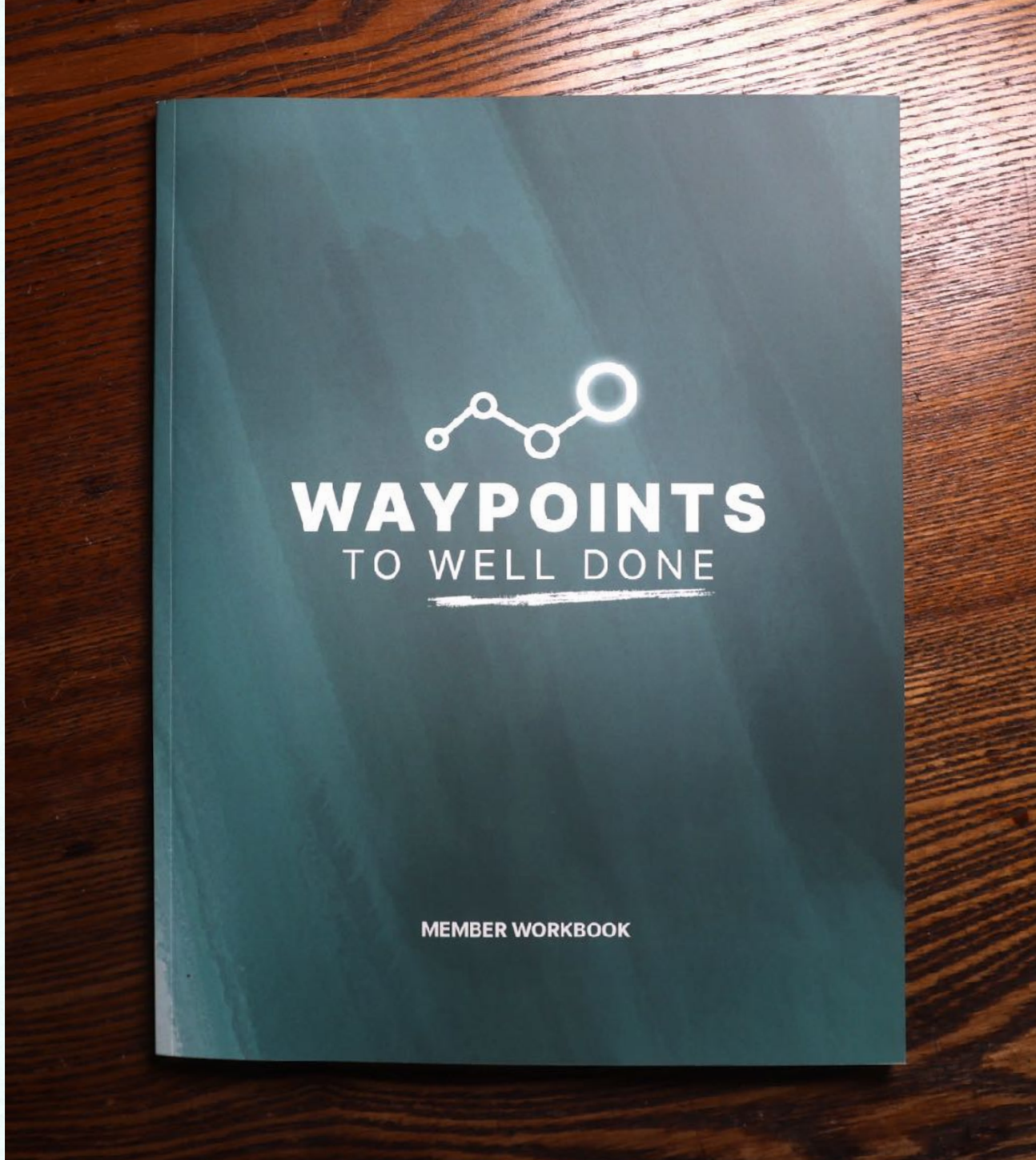
Keep building on your routines and systems with the community

BONUS

Free Workbook

- ✓ $20 value
- ✓ Offer Ends March 31st

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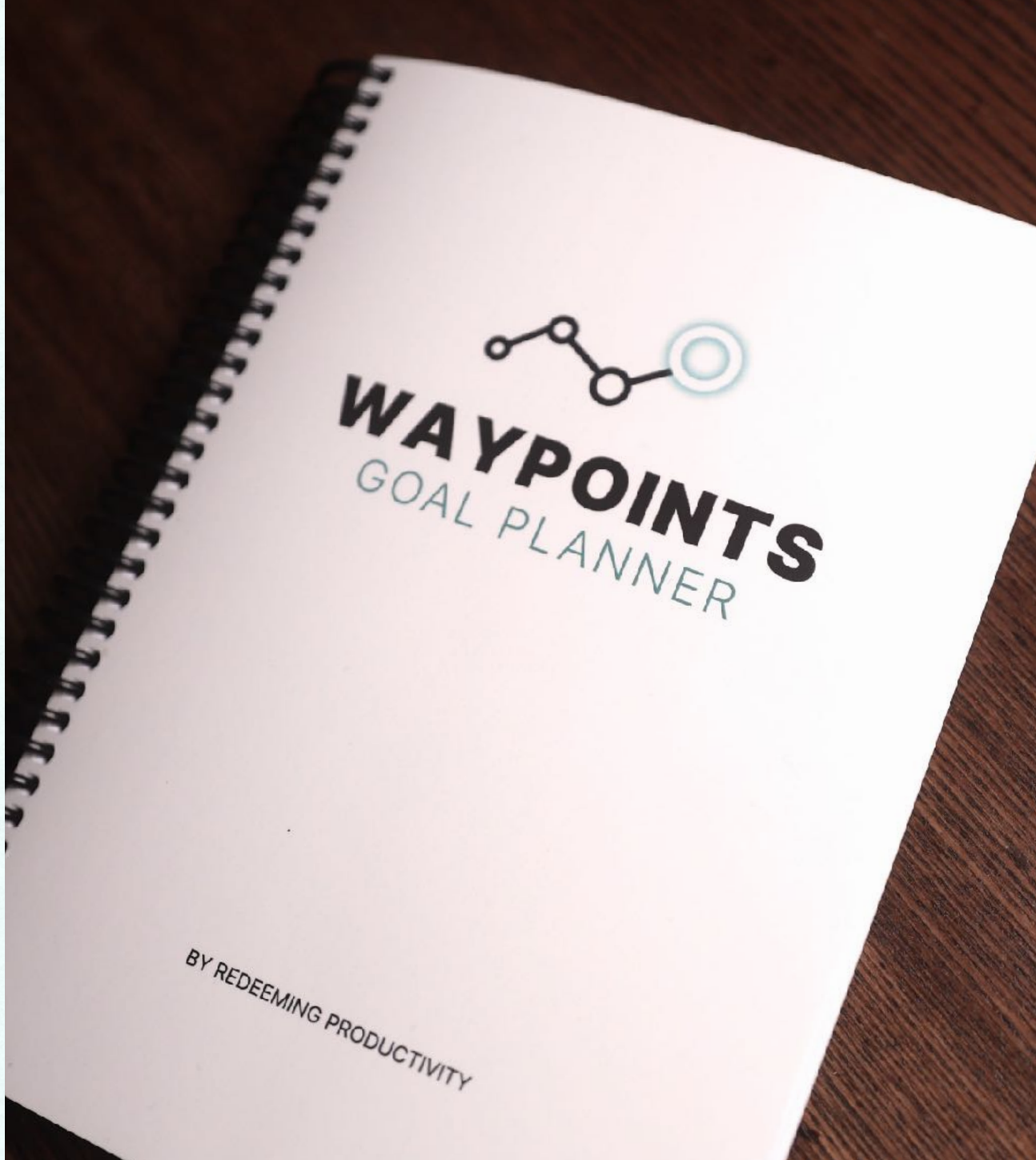


BONUS

Spiral-Bound Goal Planner

- ✓ $30 value
- ✓ Offer ends at midnight tonight

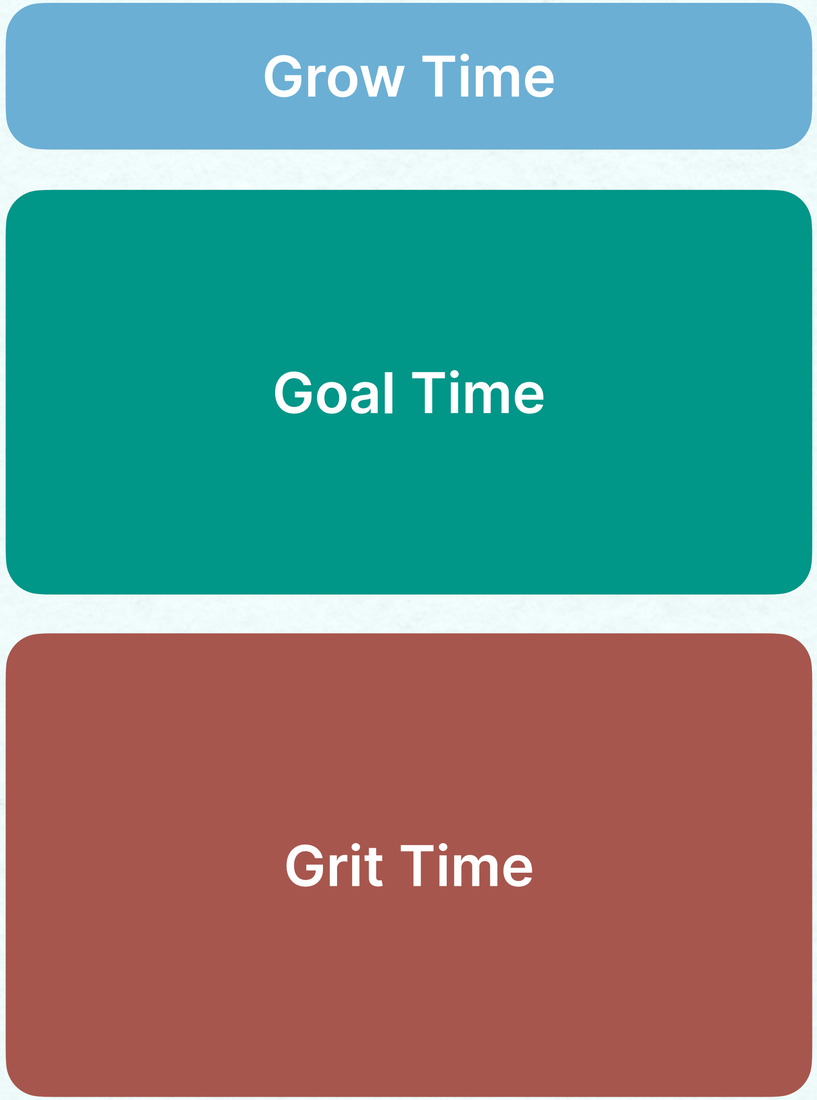
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REDEEM YOUR WEEK

Entrepreneur

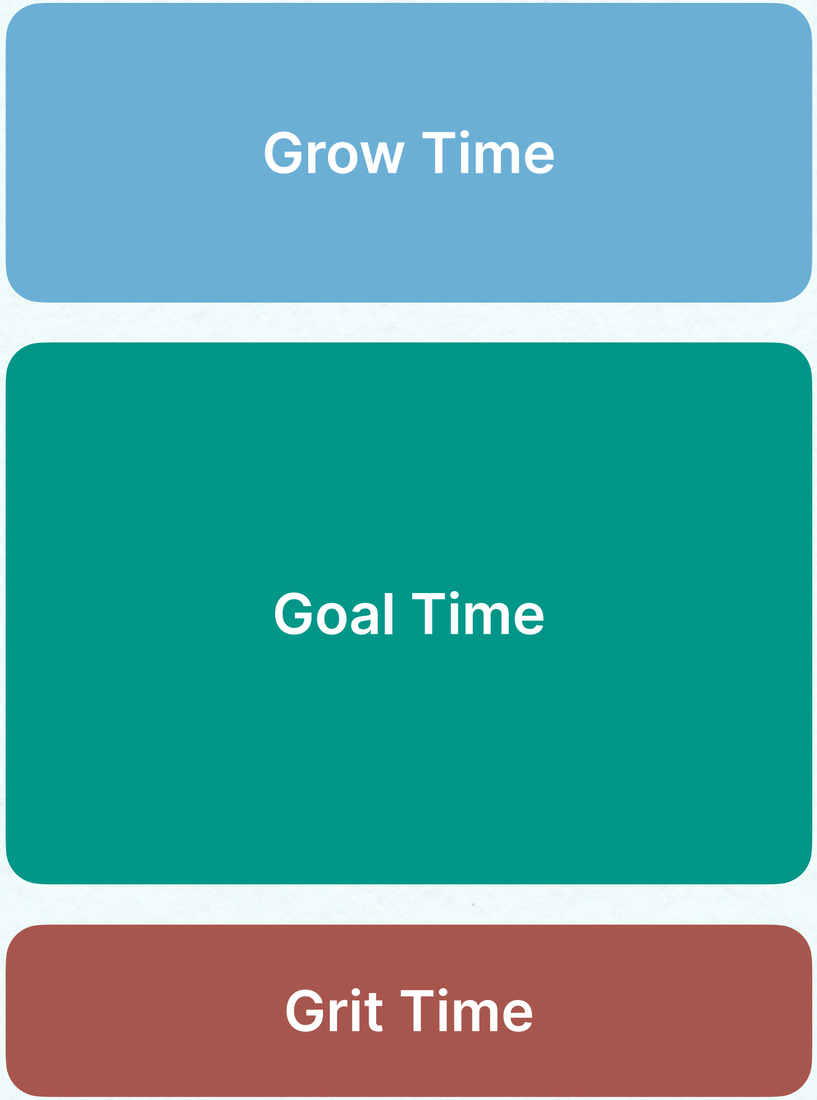
- ✓ **Grow Time**: Can be longer or shorter depending on season.
- ✓ **Goal Time**: Goals, priority projects. Important but not urgent stuff.
- ✓ **Grit Time**: Plan time for the urgent things, but don't let them takeover the schedule.



REDEEM YOUR WEEK

Pastor

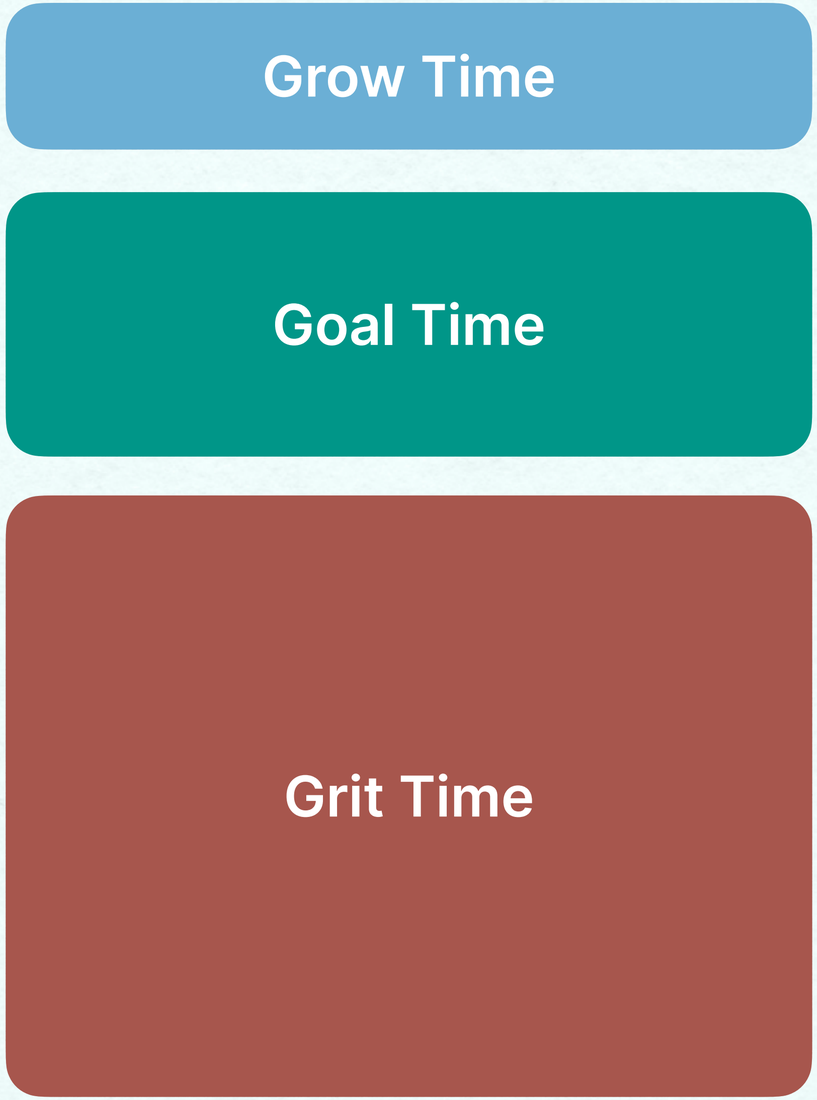
- ✓ **Grow Time**: Your growth is part of your job. This is a blessing. Plan for it.
- ✓ **Goal Time**: Message prep & people work. Schedule so these don't conflict.
- ✓ **Grit Time**: Will eat your week if you let it. Schedule for containment.



REDEEM YOUR WEEK

Homemaker

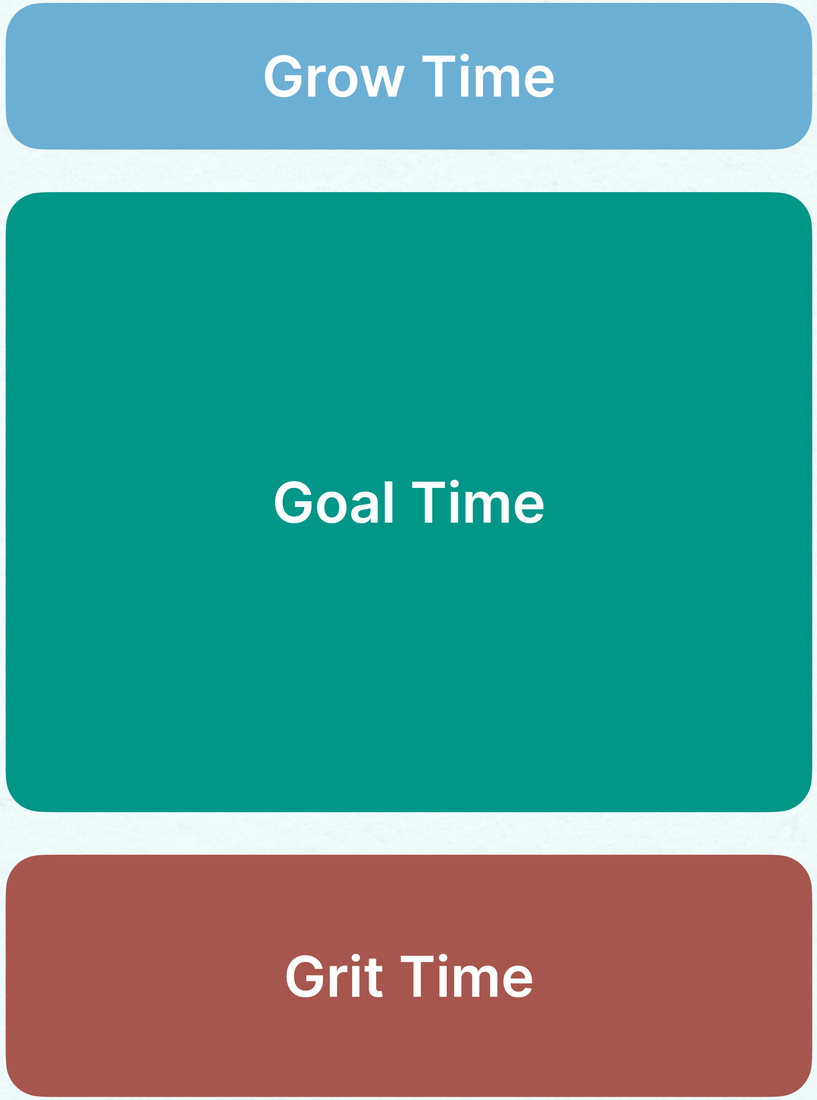
- ✓ **Grow Time**: If have little kids, grow time works best before they wake up or after they are in bed.
- ✓ **Goal Time**: Possible, but needs to be shrewdly scheduled.
- ✓ **Grit Time**: Will tend to dominate the schedule. Trick is having a plan for what you do on which days.



REDEEM YOUR WEEK

Student

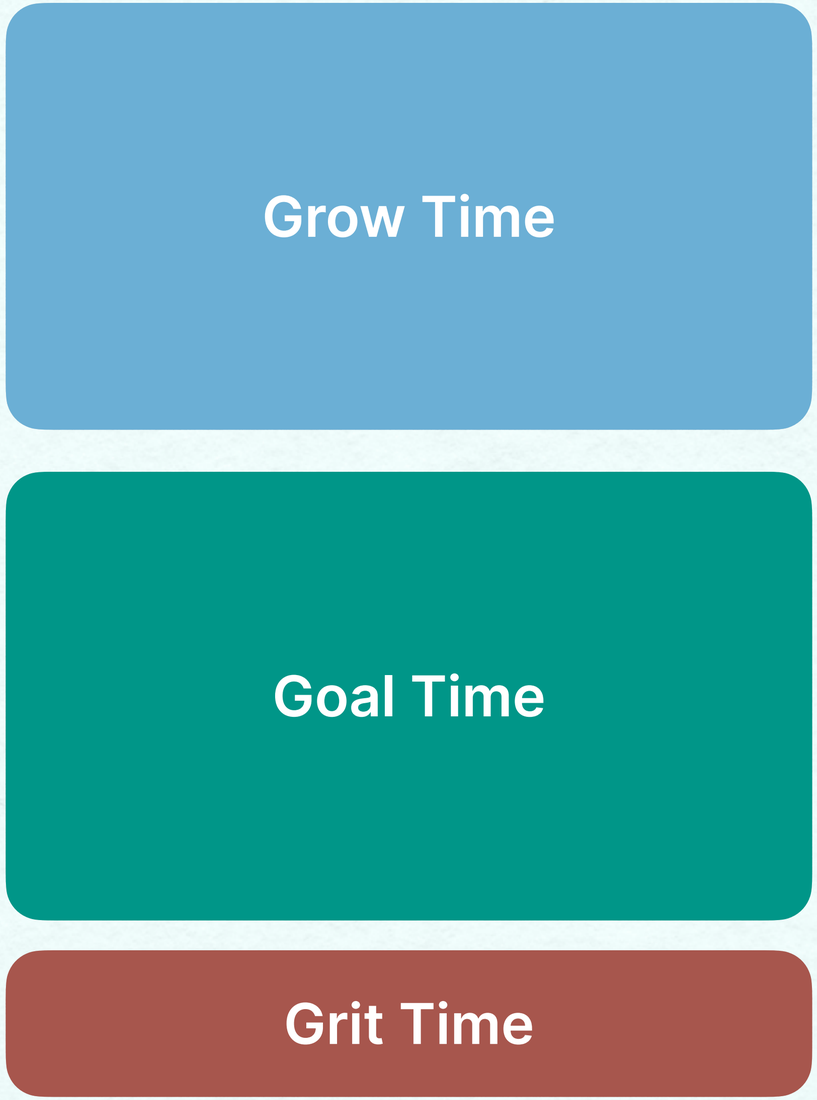
- ✓ **Grow Time**: Don’t let late nights eat up your morning grow time.
- ✓ **Goal Time**: Usually = study time.
  - ✓ This is the single biggest lever you have over your academic success. Schedule it and guard it.
- ✓ **Grit Time**: Have a plan for chores, tidying up, laundry etc.



REDEEM YOUR WEEK

Retiree

- ✓ **Grow Time**: The luxury of time can afford a longer block for growth. Specifically, prayer.
- ✓ **Goal time**: Must be more deliberate with this. Obligate yourself with commitments, projects, volunteering, etc.
- ✓ **Grit Time**: When it seems like you have lots of time, life admin can really pile up. Plan for it.



OPTIMIZE YOUR WEEK

Steward Your Time

- ✓ Grit Time
- ✓ Grow Time
- ✓ Goal Time
- ✓ Gift Time

