Weekly Schedule

BLOCK OUT AN IDEAL WEEKLY SCHEDULE THAT INCLUDES TIME DEDICATED TO YOUR GOAL(S).

	SUN	MON	TUE	WED	THU	FRI	SAT
THEME							
04							
05							
06							
07							
08							
09							
10							
11							
12							
01							
02							
03							
04							
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06							
07							
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09							
10							
11							

Weekly Review

DATE: / /

REVIEW

☐ "WELL DONE" STATEMENT ☐ GOAL PLANS ☐ PROJECTS ☐ INBOX ☐ CALENDAR

REFLECT

Walk: How was my relationship with the Lord this week?

Endeavors: Did I make significant progress on my goals, habits, & projects? What were the wins and how can I improve for next week?

Energy: What things gave me energy? What took energy away? How can I do more of the former and less of the latter?

Knots: What's still on my mind? What's the next action I need to take to get it off my mind?

Weekly Plan

PRIORITIES

1

2

3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

NOTES