

Weekly Review

Date: _____

Tidy Up:

- | | |
|---|---|
| <input type="checkbox"/> Clear my inboxes (email, to do list, papers) | <input type="checkbox"/> Review my "Well Done" statement |
| <input type="checkbox"/> Clean my workspace to prepare for next week | <input type="checkbox"/> Review current goals and projects |
| <input type="checkbox"/> Review past week's calendar, look ahead at next week | <input type="checkbox"/> Record any calendar events, reminders, to-dos or notes that are still in my head |

Reflection:

How was my walk with the Lord this week?

.....

Did I make significant progress on my goals, habits, & projects? What were the wins here, and how can I improve for next week?

.....

What things gave me energy? What took energy away? How can I do more of the former and less of the latter?

.....

What's still on my mind? What's the next action I need to take to get it off my mind?

.....